

## [Unique Reference Number]

Provide first aid to an individual needing emergency assistance



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### Overview

This standard covers the provision of first aid to meet the individual's requirements.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

- You must be able to:*
- P1 apply standard precautions for infection prevention and control and take other appropriate health and safety measures
  - P2 identify and respond appropriately to any risks to your own or others' safety
  - P3 obtain the individual's valid consent before working with them
  - P4 perform a systematic and thorough check of the individual's airway, breathing and circulation
  - P5 form an accurate, full and balanced assessment of the nature and severity of the individual's condition, appropriate to the limits of your competence
  - P6 prepare the individual, yourself, materials and equipment in a manner appropriate to their needs, condition and the intended first aid
  - P7 place the individual in a safe position which does not adversely affect their condition
  - P8 provide first aid in a manner that is consistent with:
    - P8.1 legislation
    - P8.2 your level of competence
    - P8.3 achieving the optimum outcome for the individual
  - P9 respect the privacy, dignity, wishes and beliefs of individuals when working with them
  - P10 interact with individuals:
    - P10.1 in a calm and reassuring manner
    - P10.2 by actively listening and responding to what the individual says, observing his/her behaviour and reactions
  - P11 support the individual throughout, encouraging them to promote their own health and wellbeing
  - P12 monitor, identify and respond to any changes in the individual's condition
  - P13 determine and confirm when death has occurred, within the limits of your own role, accountability and scope of practice, or inform an appropriate other of the need for them to make this confirmation
  - P14 summon additional and specialist assistance immediately where an individual's needs exceeds your competence, providing support and first aid as required until such assistance arrives
  - P15 provide accurate and clear information about the individual's health status and needs when transferring them into the care of others

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#### Knowledge and understanding

*You need to know and understand:*

- K1 the current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to providing first aid to an individual needing emergency assistance
- K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance
- K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer
- K4 the ethics concerning consent and confidentiality, and the tensions which may exist between an individual's rights and the organisation's responsibility to individuals
- K5 the importance of valid consent and how to gain it
- K6 the importance of gaining assent from individuals who lack capacity to consent
- K7 the basic features of anatomy and physiology as relevant to the provision of non-specialist first aid
- K8 the priorities in life support
- K9 the importance to the outcome for the individual of clear, accurate and effective communication at the point of handover to others
- K10 the pulse sites and rate norms for different types of individual
- K11 the different positions into which an individual with particular conditions should be put to achieve the best possible outcome for them including shock, individuals who are unconscious but breathing, severe bleeding, suspected head/spinal injuries
- K12 how to manoeuvre an individual safely, quickly and effectively into the appropriate position
- K13 the causes of shock and the factors which may indicate an individual is in shock
- K14 the clinical signs of:
  - K14.1 asphyxia
  - K14.2 bleeding/hypovolaemic shock
  - K14.3 internal bleeding
  - K14.4 fracture
  - K14.5 dislocation
  - K14.6 sprain
  - K14.7 strain
  - K14.8 brain injury
- K15 how to recognise the appropriate sterile dressing to be used in relation to particular injuries
- K16 the location of pressure points and their use in stopping bleeding

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- K17 the factors affecting bleeding from different parts of the body
- K18 how external bleeding could affect the individuals circulation
- K19 how the human body reacts to a wound in order to stop the bleeding and limit further damage
- K20 the complications associated with fractures and dislocations and means of detection
- K21 the main indicators available to aid in the assessment of:
  - K21.1 cerebro-vascular incident
  - K21.2 cardiac condition
  - K21.3 epileptic fit
  - K21.4 diabetic emergency
  - K21.5 infant convulsions
  - K21.6 chronic obstructive airway disease
  - K21.7 anaphylactic shock
- K22 the limits of first aid and the importance of summoning additional and specialist assistance without undue delay
- K23 the procedure involved in checking whether an individual is conscious and breathing
- K24 basic ventilation techniques and procedures for the control of hyperventilation
- K25 the procedure for conducting a head to toe assessment of the individual including any questions that should be asked of the individual
- K26 the importance of prioritising individuals in need of emergency assistance and what methods to use in doing this
- K27 the procedures for dealing with foreign bodies in the eye and in wounds
- K28 the procedure involved in providing artificial ventilation
- K29 the ventilation: compression ratio and rate for different types of individual
- K30 the procedure to establish the correct hand/finger placement for external chest compression
- K31 the personal safety procedures to be followed when dealing with burns
- K32 the procedures for dealing with different categories and types of burn and scald
- K33 the policies and procedures to be followed when immobilising injuries

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### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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<b>Relevant occupations</b>	Health, Public Services and Care; Health and Social Care; Managers and Senior Officials; Associate Professionals and Technical Oc; Health and Social Services Officers; Health Associate Professionals; Personal Service Occupations; Healthcare and Related Personal Services
<b>Suite</b>	Clinical Health Skills
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