

## SCDHSC0333

# Prepare your family and networks to support individuals in your own home



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### Overview

This standard identifies the requirements for preparing your family and networks prior to providing a home for an individual who requires care and support. This entails obtaining information and using this to prepare your family and networks to welcome the individual. It also includes evaluating your home and family situation and the care you are able to offer to individuals. Finally, the standard requires you to identify the skills and knowledge required to provide a home for individuals and reflect on your practice as a care provider to ensure that individuals' experiences are safe and supportive.

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### Performance criteria

#### Use information to prepare yourself, your family and your wider networks for providing a home for individuals

*You must be able to:*

- P1 acquire information from the **placement organiser** about the **individual** for whom you will provide a home
- P2 clarify additional information about the individual to help you understand their unique circumstances and specific needs
- P3 discuss with family members and those in your **networks** about the rights, duties and responsibilities of all involved in providing a home for individuals
- P4 examine with your family, networks and others the statutory requirements of providing a placement for individuals
- P5 reflect on the emotional impact that requiring a placement may have on the individual
- P6 explore the needs of the individual requiring care, taking account of their cultural, spiritual, physical and emotional needs
- P7 discuss with family members the likely support needs and known preferences of the individual
- P8 clarify with the placement organiser the contact which the individual will have with their own family and networks
- P9 ensure through discussion with the placement organiser that the individual's contact with their own family and networks is safe and does not pose any **risk**
- P10 consider any implications for your own family that offering a placement to a particular individual might have
- P11 confirm information about the support that you and your family can expect from the placement organiser and **others** while you are providing a home for the individual

#### Evaluate you own home situation and the care you are able to offer to individuals

*You must be able to:*

- P12 reflect with your family on how your lives and living arrangements will be affected by providing a home for the individual
- P13 discuss with family members and others any risks and additional help and support the individual might need whilst living within your home
- P14 explore with your family and networks ways to show respect for the individual as an adult

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- P15 agree with your family any extra help your family might need to enable them to welcome the individual into the family home
- P16 agree with family members and networks any changes that they will have to make in order to accommodate the individuals within the family
- P17 encourage members of your family to express and discuss their feelings and concerns about providing a home for specific individuals
- P18 encourage family members to articulate the likely **benefits** for the family of welcoming an individual to share their home
- P19 identify with others potential areas of ambivalence or conflict
- P20 set in place strategies to address areas of ambivalence or conflict and overcome fears and concerns
- P21 plan with your family and network how you will welcome the individual into your home
- P22 ensure that you and your family have a clear understanding of the terms and conditions of accepting the placement and what steps will be taken in the event of difficulties that are beyond your ability to resolve

#### **Develop skills and knowledge to provide a home for individuals**

*You must be able to:*

- P23 reflect on the skills, knowledge and attitudes you already have for providing care, support and protection for the individual coming into your home
- P24 identify with others any areas for development in your skills and knowledge to enable to you to meet the needs of the individual
- P25 identify development opportunities that will enable you to acquire the skills and knowledge you require
- P26 access appropriate support and learning opportunities to fill identified gaps in your skills and knowledge
- P27 reflect on how this learning will impact on your attitudes and practice in caring for individuals in your home
- P28 plan how you will apply this learning in supporting the individual in your home

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### Knowledge and understanding

*You need to know and understand:*

#### Rights

- K1 legal requirements on equality, diversity, discrimination and human rights
- K2 your role in promoting individuals rights, choices, wellbeing and active participation
- K3 your duty to report any acts or omissions that could infringe the rights of individuals
- K4 how to deal with and challenge discrimination
- K5 the rights that individuals have to make complaints and be supported to do so

#### Your practice

*You need to know and understand:*

- K6 legislation, codes of practice, standards, frameworks and guidance relevant to your role in providing a home for individuals
- K7 your own background, experiences and beliefs that may have an impact on how you carry out your role in providing a home for individuals
- K8 your own roles, responsibilities and accountabilities with their limits and boundaries
- K9 the roles, responsibilities and accountabilities of others
- K10 the meaning of person centred working and the importance of knowing and respecting each individual
- K11 the prime importance of the interests and well-being of vulnerable individuals
- K12 the individual's cultural and language context
- K13 how to build trust and rapport in a relationship
- K14 how to work in ways that promote active participation and maintain individuals' dignity, respect, personal beliefs and preferences
- K15 how to work in partnership with individuals and others
- K16 how to manage ethical conflicts and dilemmas in your work
- K17 how to challenge poor practice
- K18 how and when to seek support in situations beyond your experience and expertise

#### Theory for practice

*You need to know and understand:*

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K19 the nature and impact of **factors that may affect the health, wellbeing and development of individuals**

K20 theories underpinning our understanding of life cycle and human development

### Communication

*You need to know and understand:*

K21 the importance of effective communication in your role providing a home for individuals

K22 factors that can have a positive or negative effect on communication and language skills with individuals

K23 methods and techniques to promote communication skills which enable individuals with additional communication needs to express their needs, views and preferences

### Personal and professional development

*You need to know and understand:*

K24 principles of reflective practice and why it is important

### Health and Safety

*You need to know and understand:*

K25 legal requirements for monitoring and maintaining health, safety and security that apply in your role providing a home for individuals

K26 practices for the prevention and control of infection in the context of this standard

### Safeguarding

*You need to know and understand:*

K27 the responsibility that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices

K28 indicators of potential or actual harm or abuse

K29 how and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties

K30 what to do if you have reported concerns but no action is taken to address them

### Handling information

*You need to know and understand:*

K31 legal requirements and agency policies and procedures that apply for the security and confidentiality of information

K32 legal and agency requirements for recording information and producing reports including the use of electronic communication

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- K33 principles of confidentiality and when to pass on otherwise confidential information
- K34 factors to take account of when deciding what information to divulge to member of your family and personal networks

*You need to know and understand:*

### **Risk management**

- K35 factors that cause risks and those that ensure safe and effective care for individuals
- K36 frameworks for risk assessment and risk management when providing a home for individuals

*You need to know and understand:*

### **Providing a home for individuals**

- K37 how and where to access information and support that can inform your practice when preparing to provide a home for individuals
- K38 government reports, inquiries and research relevant to providing a home for individuals
- K39 theories about attachment and loss and their impact on individuals
- K40 the importance of stable family, adult and peer relationships and the impact of disruption, including placement disruption
- K41 models of disability
- K42 theories and principles that enable you to balance the needs of individuals and others within your home environment
- K43 how to work in partnership to establish whether the individual's needs and preferences can be accommodated within your home and family environment
- K44 how to prepare your family and networks to support individuals' requiring care in your home
- K45 the differing reasons why families and networks may be apprehensive or anxious, how to address their concerns and support the people involved
- K46 the likely effect on family dynamics, relationships and roles when providing a home for individuals
- K47 conditions and issues you are likely to face when providing a home for individuals with specific needs
- K48 how to enable the individual to become an integrated member of the household
- K49 types of support for individuals with disabilities accommodated within your home

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## Additional Information

### Scope/range related to performance criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

Note: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

**Benefits** may include how the placement will enhance the family's knowledge and skills, personal experience, self knowledge and awareness; how the presence of the individual will enrich family life and relationships

The **individual** is the person for whom you will provide care or support in your home

**Networks** may include the extended family, family friends, others who will be interacting with the individual on a regular basis

**Others** are your colleagues and other professionals whose work contributes to the individual's well-being and who enable you to carry out your role

**Placement organiser** may be a statutory, voluntary or private placing agency. The organiser may be a social worker specialising in adult placement or a representative of the agency

A **risk** takes account of the likelihood of a hazard occurring and may include the possibility of danger, damage or destruction to the environment and goods; the possibility of injury and harm to people including self-harm, bullying, abuse, reckless behaviour

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### Scope/range related to knowledge and understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

**All knowledge statements must be applied in the context of this standard.**

**Factors that may affect the health, wellbeing and development of individuals** may include adverse circumstances or trauma before or during birth; autistic spectrum conditions; dementia; family circumstances; frailty; harm or abuse; injury; institutionalisation; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse

### Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

To be treated as an individual

To be treated equally and not be discriminated against

To be respected

To have privacy

To be treated in a dignified way

To be protected from danger and harm

To be supported and cared for in a way that meets their needs, takes account of their choices and also protects them

To communicate using their preferred methods of communication and language

To access information about themselves



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