

Q1. Caroline was unaware that her mother missed the friends and activities she'd most enjoyed. How can you support or facilitate Ellen to re-engage with valued contacts and retain or regain her skills?

Q2. What impact may re-engagement have on outcomes for Ellen, and for Caroline?

Q3. What role might self-directed support have in Ellen's situation and how might it be used creatively to address the outcomes Ellen would prefer?

Q4. How might a 'reablement – type' approach make a difference?

Q5. How might better outcomes for Ellen contribute to less stress for Caroline?

Q6. What factors are described as contributing to Ellen's distress at the Day Centre? Put yourself in Ellen's shoes and consider how you might feel in her situation.