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| Evidence No. | 1 |
| Evidence Date | |

- Direct Observation Reflective account
- Questions Expert witness
- Product Witness testimony

Candidate name: Jane Smith

| Evidence | Unit, Element, Pcs | Knowledge |
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| <p>I arranged a trip to the shops following a request from two service users. We decided to go on a weekday when we thought it might not be too busy.</p> <p>During the trip a good time was spent discussing the purchases to be made, listening to and facilitating the service users' choices and options and giving necessary information as and when they asked for it to enable them to make an informed choice.</p> <p>I was aware that there can be difficulties and people can feel stressed and anxious during busy shopping trips, therefore I was constantly aware of the service users' body language and other signs that would indicate they were becoming stressed and anxious.</p> <p>Support was tailored to meet each service user's individual needs and preferences eg looking at ways to ensure support enables and empowers the person to make best dietary choices. This is in line with the National Care Standards for care homes for people with learning difficulties. These state that you are confident that staff will treat you politely at all times and always respect your individuality. Although the choices made would not necessarily be my choice, I was nevertheless aware that I could not impose my beliefs and preferences onto them eg as a vegetarian I could so easily bypass the meat counter and by doing this I would inadvertently not be allowing the person the opportunity to make meat one of their dietary choices.</p> <p>Having assisted them with their purchases we made our way to the very busy checkout where there were long queues.</p> | <p>HSC 35.1 Pc 1,6</p> <p>HSC 31.1 pc3,</p> <p>HSC 31.2 pc 3, 6,</p> <p>HSC 35.2 Pc 2,3,6a</p> <p>HSC 35.1 Pc 4, 5a,</p> <p>HSC31.1 Pc 6a</p> | <p>HSC 31 3a,</p> <p>HSC 35 2, 3c, 5a, 8, 16a, 16c,</p> |

Comments/Feedback to the Candidate

You have clearly demonstrated your knowledge and practice in relation to communication and promoting the rights and choices of service users. You have made strong reference to the National Care Standards and reflected on how your practice is consistent with these. Reflecting on your prior learning from your previous work experience has also added to your depth of understanding and your ability to analyse and reflect on what is required for competent, effective and safe practice. Your ability to practice and reflect on this practice influenced your management of the situation.

Well done, a very competent reflective account.

If witness testimony used, please state who supplied testimony and relationship to candidate.

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| Expert witness signature (if applicable): | |
| Candidate signature: | |
| Assessor signature: | |
| Date: | |