

## SCDHSC0420

# Promote leisure opportunities and activities for individuals



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### Overview

This standard outlines the requirements when leading the promotion of leisure activities for individuals. This includes raising awareness of the value of leisure activities and negotiating specific arrangements for leisure opportunities and activities.

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### Performance criteria

#### Raise awareness of the value of leisure opportunities and activities for individuals

*You must be able to:*

- P1 identify the **audience** who may have an interest in leisure opportunities for **individuals**
- P2 communicate with the identified audience to establish their current perceptions of and interest in the value of leisure activities for individuals
- P3 present clear, accurate and relevant information to the audience about the benefits that leisure activities can bring to individuals
- P4 present clear, accurate and relevant information to the audience about the impact of discrimination, oppression and social exclusion on individuals
- P5 present clear, accurate and relevant information to the audience about ways of offering **leisure opportunities and activities** to individuals
- P6 give people the opportunity to ask questions and confirm their understanding of the information provided
- P7 refer people and organisations to other appropriate sources when they need information and advice that is outside your expertise to provide
- P8 challenge constructively attitudes and behaviour which are ill informed, misguided, abusive or discriminatory
- P9 encourage people and organisations to become champions in the provision of leisure opportunities for individuals, supporting them to raise the awareness of others

#### Negotiate the provision of leisure opportunities and activities for individuals

*You must be able to:*

- P10 identify **people and organisations** who are suitable and able to provide leisure opportunities and activities
- P11 clearly explain your role and responsibilities to people and organisations who can provide leisure opportunities and activities
- P12 encourage people and organisations to consider their capacity to offer leisure opportunities and activities to individuals and their duty to make any **reasonable adjustments** needed
- P13 examine with those involved the potential challenges, rewards and any resources which will be required
- P14 evaluate the willingness and capacity of people and organisations to provide leisure opportunities and activities for individuals

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- P15 with people and organisations who are willing to offer leisure opportunities, confirm their agreement to do so
- P16 discuss the type of leisure opportunities and activities that can be offered, the number of individuals who can be catered for and any reasonable restrictions on who may be offered the opportunities
- P17 discuss any adjustments, including those that are legally required, that people and organisations will need to make
- P18 negotiate agreement on who will make the adjustments and how they will be resourced
- P19 confirm all agreements in writing
- P20 take appropriate actions to enable the leisure opportunities and activities to be accessed
- P21 complete records and reports on processes and outcomes, within confidentiality agreements and according to legal and work setting requirements

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### Knowledge and understanding

*You need to know and understand:*

#### Rights

- K1 legal and work setting requirements on equality, diversity, discrimination and rights
- K2 your role in promoting individuals' rights, choices, wellbeing and active participation
- K3 your duty to report any acts or omissions that could infringe the rights of individuals
- K4 how to deal with and challenge discrimination
- K5 the rights that individuals have to make complaints and be supported to do so
- K6 conflicts and dilemmas that may arise in relation to rights and how to address them

#### Your practice

*You need to know and understand:*

- K7 legislation, statutory codes, standards, frameworks and guidance relevant to your work, your work setting and the content of this standard
- K8 your own background, experiences and beliefs that may have an impact on your practice
- K9 your own roles, responsibilities and accountabilities with their limits and boundaries
- K10 the roles, responsibilities and accountabilities of others with whom you work
- K11 how to access and work to procedures and agreed ways of working
- K12 the meaning of person-centred/child centred working and the importance of knowing and respecting each person as an individual
- K13 the prime importance of the interests and well-being of the individual
- K14 the individual's cultural and language context
- K15 how to build trust and rapport in a relationship
- K16 how your power and influence as a worker can impact on relationships
- K17 how to work in ways that promote active participation and maintain individuals' dignity, respect, personal beliefs and preferences
- K18 how to work in partnership with individuals, key people and others
- K19 how to manage ethical conflicts and dilemmas in your work
- K20 how to challenge poor practice
- K21 how and when to seek support in situations beyond your experience

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and expertise

*You need to know and understand:*

### Theory

- K22 the nature and impact of **factors that may affect the health, wellbeing and development of individuals** you care for or support
- K23 theories underpinning our understanding of human development and factors that affect it

### Personal and professional development

*You need to know and understand:*

- K24 principles of reflective practice and why it is important
- K25 your role in developing the professional knowledge and practice of others
- K26 how to promote evidence based practice

### Communication

*You need to know and understand:*

- K27 factors that can affect communication and language skills and their development in children, young people adults
- K28 methods to promote effective communication and enable individuals to communicate their needs, views and preferences

### Health and Safety

*You need to know and understand:*

- K29 legal and statutory requirements for health and safety
- K30 your work setting policies and practices for monitoring and maintaining health, safety and security in the work environment
- K31 practices for the prevention and control of infection in the context of this standard

### Safe-guarding

*You need to know and understand:*

- K32 legislation and national policy relating to the safe-guarding and protection of children, young people and adults
- K33 the responsibility that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices
- K34 indicators of potential harm or abuse
- K35 how and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties
- K36 what to do if you have reported concerns but no action is taken to address them

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- K37 local systems and multi-disciplinary procedures that relate to safeguarding and protection from harm or abuse

### Multi-disciplinary working

*You need to know and understand:*

- K38 the purpose of working with other professionals and agencies
- K39 the remit and responsibilities of other professionals and agencies involved in multi-disciplinary work

### Handling information

*You need to know and understand:*

- K40 legal requirements, policies and procedures for the security and confidentiality of information
- K41 legal and work setting requirements for recording information and producing reports
- K42 principles of confidentiality and when to pass on otherwise confidential information
- K43 how to record written information with accuracy, clarity, relevance and an appropriate level of detail
- K44 how and where electronic communications can and should be used for communicating, recording and reporting

### Leading practice

*You need to know and understand:*

- K45 theories about leadership
- K46 standards of practice, service standards and guidance relating to the work setting
- K47 national and local initiatives to promote the well-being of individuals
- K48 lessons learned from government reports, research and inquiries into serious failures of health or social care practice and from successful interventions
- K49 methods of supporting others to work with and support individuals, key people and others
- K50 how to contribute to the development of systems, practices, policies and procedures
- K51 techniques for problem solving and innovative thinking

### Risk management

*You need to know and understand:*

- K52 principles of risk assessment and risk management
- K53 principles of positive risk-taking

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### Specific to this NOS

*You need to know and understand:*

- K54 the role which recreation and leisure play in the health and well-being of individuals
- K55 the effects of the therapeutic value or stimulation provided by leisure activities
- K56 evidence based practice in promoting leisure opportunities and activities to meet individual needs and how to apply this evidence to your own work
- K57 methods of presenting information and encouraging interest in and about the role of leisure in meeting individuals' needs and promoting well-being
- K58 the particular difficulties that individuals may face in seeking leisure opportunities and activities
- K59 national and local schemes and agencies (statutory, independent and third sector) which are involved in providing, promoting or creating leisure opportunities and activities, for whom they are designed and how to access them
- K60 the range of local leisure opportunities and activities, the forms these take, who they are aimed at and how to access them
- K61 the potential concerns which people and organisations may have about providing leisure opportunities and activities for individuals, why it is important to acknowledge their concerns and how to offer information to help them make informed decisions
- K62 how to gauge the level of interest and ability of people and organisations who may offer leisure opportunities and activities to individuals
- K63 how to adjust communication when working with different individuals and representatives of different agencies
- K64 the options for promoting leisure opportunities and activities and which are the most appropriate options for the people and organisations concerned
- K65 the ways in which stereotyping, discrimination and stigmatisation might affect risk assessment and how to guard against this
- K66 methods of evaluating your own competence, determining when further support and expertise are needed and the measures to take to improve your own competence in this area of work

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### Additional Information

#### Scope/range related to performance criteria

The details in this field are explanatory statements of scope and / or examples of possible contexts in which the NOS may apply: they are not to be regarded as range statements required for achievement of the NOS.

Note: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

The **audience** could include those from sports and recreation associations; employers' associations; local government planners; community self-help groups; governors; trustees; shareholders; the general public

The **individual** is the adult, child or young person you support or care for in your work

**Leisure opportunities and activities** may be those related to hobbies; interests; sports, as a spectator or participant; entertainment, e.g. access to the theatre or visiting theatre groups, socialising, e.g. eating out, talking to others about the old days. They may take place within or outside the health or social care environment

**People and organisations** could include those who organise or provide recreation and leisure activities in the care setting; entertainers; those who provide leisure activities for the general public, e.g. theatres, swimming pools, sports centres; those who provide leisure activities for specific groups within the community, e.g. Women's Institute, youth workers.

**Reasonable adjustments** are those that could reasonably be expected to be made to accommodate the needs of individuals involved in leisure activities



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### Scope/range related to knowledge and understanding

The details in this field are explanatory statements of scope and / or examples of possible contexts in which the NOS may apply: they are not to be regarded as range statements required for achievement of the NOS

**All knowledge statements must be applied in the context of this standard.**

**Factors that may affect the health, wellbeing and development of individuals** may include adverse circumstances or trauma before or during birth; autistic spectrum conditions; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse

### Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

To be treated as an individual

To be treated equally and not be discriminated against

To be respected

To have privacy

To be treated in a dignified way

To be protected from danger and harm

To be supported and cared for in a way that meets their needs, takes account of their choices and also protects them

To communicate using their preferred methods of communication and language

To access information about themselves

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