

# SCDHSC0041

## Maintain effective communication systems and practice



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### Overview

This standard identifies the requirements when maintaining effective systems and practice for communication in settings where individuals are cared for or supported. This includes modelling practice that promotes person centred communication systems, adapting your own communication in a range of situations and leading the implementation and improvement of systems that promote effective communication. The standard also identifies how to maintain effective practice in communication through the use of recording and reporting.

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### Performance criteria

#### Model practice that promotes person centred communication systems

*You must be able to:*

- P1 promote a culture of **active participation** that enables **individuals, key people** and **others** to **communicate** their preferences and needs
- P2 ensure that a **person centred/child centred** approach is used when you and others communicate with individuals and key people
- P3 review the communication and language preferences and needs of individuals with whom you and others work
- P4 evaluate factors which may present **barriers to communication** and participation
- P5 support others to understand and overcome barriers to individuals' communication and participation
- P6 support others to understand the potential impact of communication styles and methods on short, medium and long-term goals for individuals
- P7 support individuals to engage with maximum participation when communicating their decisions about actions and risks affecting their lives

#### Adapt your own communication in a range of situations

*You must be able to*

- P8 develop and use different methods, styles and skills to communicate and engage with individuals and key people
- P9 modify the content and structure of your own communication to take account of the purpose of the communication
- P10 modify the content and structure of your communication to meet the needs and concerns of individuals and key people
- P11 change or adapt environments to improve communication and participation
- P12 communicate in ways that respect the rights, views and concerns of individuals and key people, using the individuals' preferred methods of communication and language

#### Lead the implementation of effective communication systems

*You must be able to*

- P13 use a range of skills, systems and methods to promote effective communications between your team and individuals, key people and others
- P14 work with others to promote effective communication through the use of **specific aids** or extra support according to individual preferences and needs
- P15 support others to change or adapt environments to improve

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- communication and participation
- P16 work with individuals, key people and others to understand differing views and opinions
- P17 work with individuals, key people and others to address differences
- P18 develop an environment in which others are able to discuss their progress and share any concerns or challenges they are facing

### Improve the effectiveness of communication systems

*You must be able to*

- P19 support the active participation of individuals in evaluating the effectiveness of communication systems
- P20 agree the information to be collected for evaluating communication systems and when it needs to be made available
- P21 evaluate the effectiveness of communication systems in supporting individuals and key people
- P22 evaluate the effectiveness of communication systems in promoting integrated partnership working
- P23 evaluate the effectiveness of communication systems in responding to comments and complaints
- P24 make evaluation information available in accessible forms and at appropriate times for it to inform decision-making activities
- P25 make recommendations for improvements to communication systems based on the evaluation information collected and other **evidence**
- P26 change systems to enable more effective communication between individuals, key people and others, where the changes are within the scope of your expertise and responsibility
- P27 seek information and advice where changes required are outside the scope of your expertise and responsibility

### Ensure effective practice in the use of records and reports for communication

*You must be able to*

- P28 use legal, work-setting and inter-agency **policies and procedures** for accessing and completing records and reports
- P29 clarify for others the legal, work-setting and inter-agency policies and procedures for accessing and completing records and reports
- P30 provide evidence for your judgements and decisions within records and reports, including where this is based on informed opinion
- P31 record evidence which clarifies and supports your judgements and decisions
- P32 record evidence which conflicts with your judgements and decisions
- P33 produce records and reports that encompass best practice, positive achievements and outcomes for individuals

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- P34 produce records and reports that are accurate, concise, objective, understandable and legible
- P35 ensure that information in records and reports is accessible to individuals and in a form appropriate to their communication needs and preferences
- P36 where records and reports are to be used for decision-making, confirm their accuracy and the accuracy of accompanying evidence with all those they concern
- P37 secure any signatures that are required
- P38 document any conflicts, disagreements, unmet needs or risks associated with recording and reporting
- P39 encourage those who use your records and reports to discuss feedback with you
- P40 take action in response to feedback from those who use your records and reports
- P41 ensure records and reports are stored and shared within confidentiality agreements and according to legal, work-setting and inter-agency agreements and requirements

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### Knowledge and understanding

#### Rights

*You need to know and understand:*

- K1 legal and work setting requirements on equality, diversity, discrimination and rights
- K2 your role in promoting individuals' rights, choices, wellbeing and active participation
- K3 your duty to report any acts or omissions that could infringe the rights of individuals
- K4 how to deal with and challenge discrimination
- K5 the rights that individuals have to make complaints and be supported to do so
- K6 conflicts and dilemmas that may arise in relation to rights and how to address them

#### Your practice

*You need to know and understand:*

- K7 legislation, statutory codes, standards, frameworks and guidance relevant to your work, your work setting and the content of this standard
- K8 your own background, experiences and beliefs that may have an impact on your practice
- K9 your own roles, responsibilities and accountabilities with their limits and boundaries
- K10 the roles, responsibilities and accountabilities of others with whom you work
- K11 how to access and work to procedures and agreed ways of working
- K12 the meaning of person-centred/child centred working and the importance of knowing and respecting each person as an individual
- K13 the prime importance of the interests and well-being of the individual
- K14 the individual's cultural and language context
- K15 how to build trust and rapport in a relationship
- K16 how your power and influence as a worker can impact on relationships
- K17 how to work in ways that promote active participation and maintain individuals' dignity, respect, personal beliefs and preferences
- K18 how to work in partnership with individuals, key people and others
- K19 how to manage ethical conflicts and dilemmas in your work
- K20 how to challenge poor practice
- K21 how and when to seek support in situations beyond your experience and expertise

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### Theory

*You need to know and understand:*

- K22 the nature and impact of **factors that may affect the health, wellbeing and development of individuals** you care for or support
- K23 theories underpinning our understanding of human development and factors that affect it

### Personal and professional development

*You need to know and understand:*

- K24 principles of reflective practice and why it is important
- K25 your role in developing the professional knowledge and practice of others
- K26 how to promote evidence based practice

### Communication

*You need to know and understand:*

- K27 factors that can affect communication and language skills and their development in children, young people and adults
- K28 methods to promote effective communication and enable individuals to communicate their needs, views and preferences

### Health and Safety

*You need to know and understand:*

- K29 legal and statutory requirements for health and safety
- K30 your work setting policies and practices for monitoring and maintaining health, safety and security in the work environment
- K31 practices for the prevention and control of infection in the context of this standard

### Safe-guarding

*You need to know and understand:*

- K32 legislation and national policy relating to the safe-guarding and protection of children, young people and adults
- K33 the responsibility that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices
- K34 indicators of potential harm or abuse
- K35 how and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties
- K36 what to do if you have reported concerns but no action is taken to address them
- K37 local systems and multi-disciplinary procedures that relate to safeguarding and protection from harm or abuse

### Multi-disciplinary working

*You need to know and understand:*

- K38 the purpose of working with other professionals and agencies

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- K39 the remit and responsibilities of other professionals and agencies involved in multi-disciplinary work

### Handling information

*You need to know and understand:*

- K40 legal requirements, policies and procedures for the security and confidentiality of information
- K41 legal and work setting requirements for recording information and producing reports
- K42 principles of confidentiality and when to pass on otherwise confidential information
- K43 how to record written information with accuracy, clarity, relevance and an appropriate level of detail
- K44 how and where electronic communications can and should be used for communicating, recording and reporting

### Leading practice

*You need to know and understand:*

- K45 theories about leadership
- K46 standards of practice, service standards and guidance relating to the work setting
- K47 national and local initiatives to promote the well-being of individuals
- K48 lessons learned from government reports, research and inquiries into serious failures of health or social care practice and from successful interventions
- K49 methods of supporting others to work with and support individuals, key people and others
- K50 how to contribute to the development of systems, practices, policies and procedures
- K51 techniques for problem solving and innovative thinking

### Risk management

*You need to know and understand:*

- K52 principles of risk assessment and risk management
- K53 principles of positive risk-taking

### Specific to this NOS

*You need to know and understand:*

- K54 how and where to access literature, information and support to inform how you lead practice for communication and communication systems
- K55 evidence and knowledge based theories and models of good practice about communication, including barriers and how to overcome them

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- K56 how communication abilities and differences can affect the identity, self-esteem and self-image of individuals
- K57 features of multi-disciplinary and inter-agency communication
- K58 how different philosophies, principles, priorities and codes of practice can affect partnership working
- K59 methods of supporting individuals to communicate their preferences, views and feelings
- K60 the range of skills, styles and methods that promote good practice in communication
- K61 the range of specialist support and equipment that can assist the communication of individuals with specific communication needs
- K62 communication systems, structures and practice and how to evaluate and improve them
- K63 the different types of data that can be used within reports and records and which are best for records or reports you need to access, complete, use and develop
- K64 the use of evidence, fact and knowledge-based opinion in records and reports and why it is important to differentiate between these and make clear the source of evidence

### Additional Information

#### Scope/range related to performance criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

Note: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services

**Active participation** is a way of working that regards individuals as active partners in their own care or support rather than passive recipients. Active participation recognises each individual's right to participate in the activities and relationships of everyday life as independently as possible

**Barriers to communication** may include those relating to the physical environment; to interpersonal relationships and the emotional environment; to working practices; to the availability of resources including human or other aids or assistance; to the limitations of your own or other people's communication skills or attentiveness; to cultural contexts; to the specific circumstances of the individual including disability, disadvantage, anxiety or distress

To **communicate** may include using the individual's preferred spoken language; the use of signs; the use of symbols or pictures, writing, objects of reference, communication passports; the use of touch; other non verbal forms of communication; human and technological aids to communication

**Evidence** may be based on research; knowledge; quantitative data; qualitative data; facts (times, dates, age, information about conditions etc). Your own opinion should be informed by practice and knowledge and should not go beyond your competence

The **individual** is the adult, child or young person you support or care for in your work

**Key people** are those who are important to an individual and who can make a difference to his or her well-being. Key people may include family, friends, carers and others with whom the individual has a supportive relationship.

**Others** are your colleagues and other professionals whose work contributes to the individual's well-being and who enable you to carry out your role.

**Person centred/child centred** approaches are those that fully recognise the uniqueness of the individual and establish this as the basis for planning and delivery of care and support

**Policies and procedures** are formally agreed and binding ways of working

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that apply in many settings. Where policies and procedures do not exist, the term includes other agreed ways of working.

**Specific aids** enable individuals with speaking, sight or hearing difficulties, additional needs or learning disabilities to receive and respond to information

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### Scope/range related to knowledge and understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statement required for achievement of the NOS.

**All knowledge statements must be applied in the context of this standard.**

**Factors that may affect the health, wellbeing and development** may include adverse circumstances or trauma before or during birth; autistic spectrum disorder; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse

### Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

To be treated as an individual

To be treated equally and not be discriminated against

To be respected

To have privacy

To be treated in a dignified way

To be protected from danger and harm

To be supported and cared for in a way that meets their needs, takes account of their choices and also protects them

To communicate using their preferred methods of communication and language

To access information about themselves

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